



KALLOS

SPA MENU



IF YOU FOLLOW OTHERS
YOU LOSE YOURSELF

Be Authentic



Andromis
EXCLUSIVE



KALLOS
SPA MENU

ANDRONIS CONCEPT | WELLNESS RESORT

The Kallos Spa is at the heart of the Andronis Concept Wellness Resort. It draws its spirit of warmth and rejuvenation from the natural zen-like energy of Santorini. The Andronis philosophy of wellbeing, relaxation, and enjoyment of the natural splendour of the island starts here.

Kallos, the largest spa centre on Santorini, is a haven of luxurious massages, Swiss facial therapies, purifying detox and hammam rituals as well as revitalizing private yoga classes.

Our highly trained and welcoming staff work with the purest, most indulgent products to help ease away day-to-day tensions. Treatments from our expertly created spa menu can be tailored to your individual needs.

SPACE

Located in the Heart of the
Andronis Concept Wellness Resort,
in the Heart of Santorini,
in the Heart of Greece...

The Kallos Spa is ideally nestled in
one of Santorini's finest 5 star resorts
the Andronis Concept Wellness
Resort. The combined services are
unrivalled.
A light meal before the treatments, a
refreshing cocktail afterwards, a
swim in the enormous
swimming pool and a romantic
dinner to finish off the magnificent
experience. Whether a guest of
the hotel or just with us for a day, it
will be years before you forget
this experience...







MESSAGE

Couples Romance Massage

60min - €140 or 75min - 160€ per person

Imagine pure gold meeting a rose, the most elegant flower of all, a fabulous fusion of luxury beauty and the restorative effect of a massage. A 24 Carat treatment followed by a non-alcoholic cocktail made to release all toxins from the body.

Holistic Massage

55min - 130€ or 75min - 150€ per person

Our uniquely designed combination massage includes various techniques, such as flow acupressure and techniques from various kinds of massages. Stress will melt away, relieving you of tension and chronic tightness while focusing on problematic areas if necessary. Revitalize your mind, body and spirit.





Deep Tissue Massage

55min - 140€ or 75min - 160€

Recommended for those needing a really strong touch. Movements of the joints partnered with light stretches will relieve tired muscles. All massage movements aim to penetrate deeper layers of the muscle tissues, offering an invigorating effect.

Thai Massage

60min - 140€

Thai massage is an ancient technique, dating back to Ancient Siam, and influenced by traditional Chinese Medicine philosophy and Indian Yoga body postures. Thai massage uses passive stretching and gentle- pressure along the body's energy lines to increase flexibility, relieve muscles, aid joint tension and balance the body's energy systems.

Foot massage

30min - 55€

Feet deserve pampering as well. A regular foot massage enhances circulation and overall wellbeing. It also helps to detoxify the whole body. This kind of massage eases pain, reduces stress and restores the natural flow of energy in your body by using essential oil and fruit acid-based creams.

Pregnancy Massage

55min - 130€

Pregnancy massage is a therapy specifically tailored for an expectant mother's needs. A softening massage on ankles, feet, legs and lower back to alleviate any tension and discomfort promoting overall well-being. Pregnancy massage has been found to reduce stress, decrease swelling in the arms and legs, as well as relieve aches and pains in muscles and joints.





Four Hands Massage

55min - 180€

Indulge in the ultimate massage experience by having two therapists simultaneously massaging you. The entire body is treated not once, but twice by two of our experienced therapists. You will be able to reach a very deep level of relaxation and stress will simply flow away.

Bamboo Massage

60min - 170€

Known for its healing properties, this massage works at all levels to balance, calm and energize you physically, mentally and spiritually. Bamboo massage is an innovative way to provide Swedish or deep tissue massage using heated bamboo sticks to roll and knead the tissue to create an extreme sensation of relaxation and well-being.

Parent-child Massage

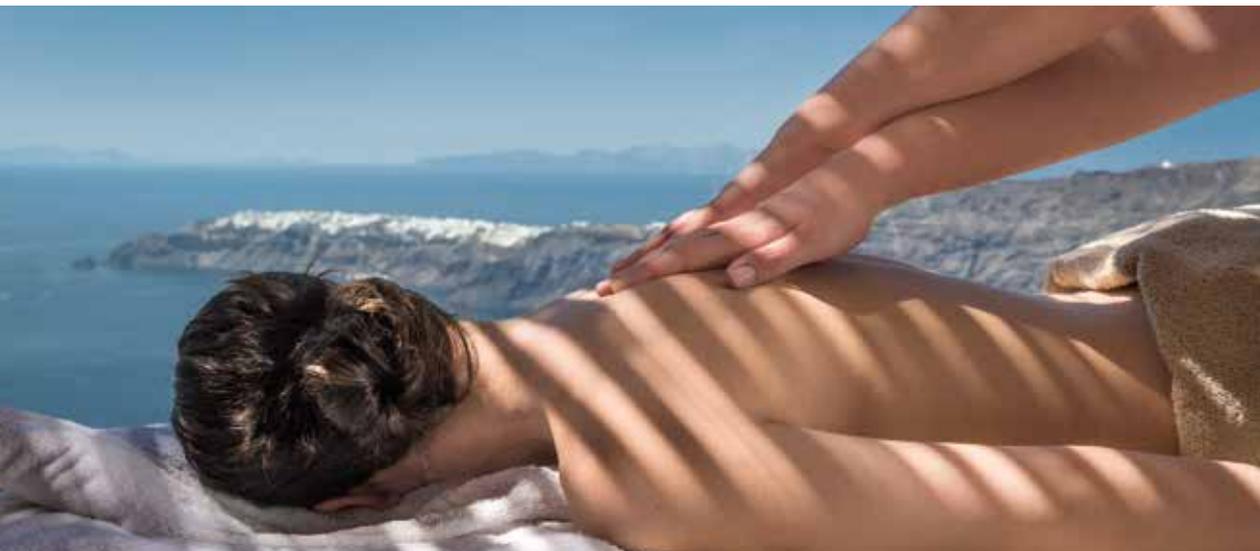
35min - 95€

Massage for children offers a variety of health benefits. This massage stimulates the body in positive ways to relax and improve the child's sleep pattern. Parent-child massage is a wonderful way to spend time with your children while offering them health benefits. This massage is designed to relax the developing muscles of the child and enhance blood flow throughout the body providing a feeling of well being. In the meantime, the parent can enjoy a facial treatment or a head and shoulders massage.

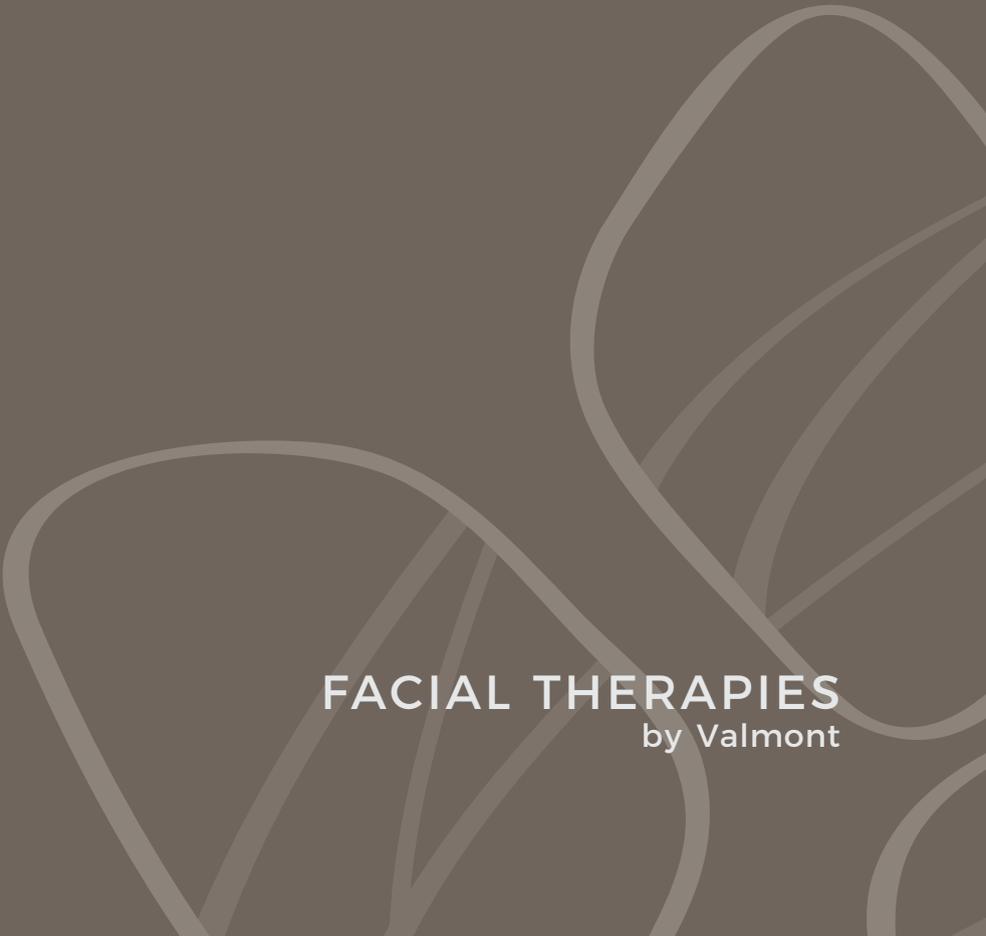
Aegean Idyllic Couples Massage

60min - 350€ per couple

Santorini's sunset enters your soul and lives there forever. We are in the middle of paradise and our specialized treatment area lets us take advantage of the most magical natural surroundings on Earth. The light from the setting sun, mirrored on the ocean's blue water, embraces all our being and our massage treatment transforms into a stunning experience. You, your significant other, the sea, the sky and the sun setting in front of you form a scene from a fairy tale. Available during sunset.



"We would like to inform you that all massages can take place at the Special Sunset Deck Area at an additional cost of 50€ per person which will also include a detox juice at the end"



FACIAL THERAPIES
by Valmont

Vitality of the Glaciers | Immediate Beauty Flash

30min - 75€

An express facial therapy that reveals the benefits of the Valmont range in a short amount of time. Expert in Cellular Rejuvenation, it renews and refreshes the face thanks to the anti-stress mask Renewing Pack.

Intense Hydration Ritual

50min - 120€

A must for after sun exposure. This corrective hydrating facial combines a lymphatic face massage and the most advanced active principles, like hyaluronic acid and plants extracts from the Alps. Skin is soothed and calmed and regains radiance.





Vitality of the Glaciers | Collagen Mask treatment

90min - 180€

A biological lift and deep hydration face treatment, with spectacular results based on Swiss tradition in Cellular Rejuvenation. A patented, pure native collagen mask is used along with a specific massage technique for the face, smoothing fine lines, restoring tone, glow and suppleness.

Collagen Eye Mask

50min - 140€

A complete face treatment with decongestive and lifting massage around the eye area where collagen leaf is placed that boosts cell renewal. Valmont's bestseller anti- stress mask covers the rest of the face removing fatigue marks. Wrinkles and fine lines fade away and the complexion is left radiant and full of vitality.



BODY RITUALS
by Thalgo



Marine Prelude

90min - 180€

With the combined effects of Natural Marine Mud from the Dead Sea and Sea Salts, this original scrub offers a detoxifying exfoliation coupled with a truly intense relaxation effect. The skin is soft and revitalized, roughness is eliminated. At the same time the body is relaxed.

Merveille Artique

105min - 210€

A glorious experience created by bringing together heat and cold, for deep relaxation. A trio of exfoliating salts is invigoratingly rubbed onto the skin to renew every centimeter of the body. The exclusive massage is inspired by Swedish massage and deep tissue massage techniques renowned for the muscle relaxation they bring. Intense movements to warm, knead and stretch the muscles, combined with Massage Balls create a symphony of hot and cold sensation on the surface of the skin.

Polynesia Spa Ritual

90min - 180€

Relax and Beautify to the rhythm of reinvented ancestral practices. Three sensory stopovers in the Polynesian atolls from which the body returns detoxified refreshed and relaxed.

- . Stopover in Tahaa, The Vanilla Island: Exotic Island Body Scrub
- . Stopover in Bora Bora, The White Sand Island: Mahana Massage
- . Stopover in Ralatea, The Sacred Island: Take Advantage of this wonderful last stopover to adorn your skin with beautiful iridescent pearls.

Cold Marine Body Ritual

45min - 70€

For the ultimate nourishing body treatment, perfect to restore comfort to dry and very dry skin, this ritual begins with a deeply hydrating body wrap to soothe the skin and relieve any feelings of dryness, restoring a feeling of comfort. While this is taking effect, a scalp massage is carried out to promote relaxation and ease tension.





YOGA

A Traditional Himalayan Hatha yoga class, designed to melt stress away and bring awareness to the present moment.

We practice a sequence that starts with centering, then exercises to release fatigue from the joints and glands, poses for building strength and opening the muscles, as well as breathing and meditative practices for the cleansing of our body's energy channels and mind. For all ages and all levels.

Morning Yoga Class

45min - Complimentary

Yoga is the perfect way to start your day!

The class combines a sequence of gentle asanas (poses), along with some fundamental breathing techniques that help you activate your body and mind and put you into an active but zen mode. Then you will enjoy feeling the results of your practice during the whole day.

Private Yoga Session

90min - 160€

Yoga is an ancient art of self-development, used for thousands of years for physical health, mental well-being and spiritual fulfillment. Practices include asanas (postures), breath awareness and breath practices so as to build good health and harmonious functioning of the whole being. The meaning of the word yoga is to 'join': the body unites with breathing to develop tranquility of mind and spirit, creating a unified and integrated person. Each treatment or class will be tailored according to the needs of the client.





Aerial Yoga

60 min - 140€

Aerial yoga is a practice performed with the use of an elastic silky hammock. Swinging creates a sense of freedom and lightness. Aerial reverse poses give a smooth decompression to the spine, as the body weighs down gently down by the force of gravity.

The session starts with some breathing exercises and a short meditation practice, which is followed by a series of smooth relieving poses and one reverse decompressing pose.

Finally, you may lie inside the silky hammock and enjoy a flying-Thai massage session.

Personal Training

60min - 70€

Get into shape by using our fully equipped gym and maximize results following the professional instructions of your personal trainer.



**SIGNATURE
TREATMENTS**



Kallos Bliss

120min - 250€ per person

Kallos Spa invites you to the ultimate physical, mental and spiritual experience. This reconnection therapy takes place within a naturally balanced environment of a cave under the guidance of our yoga instructor, where you will start with 30 minutes of breathing exercises that will enable you to reach a state of deep relaxation.

Then as soon as your body is ready to receive a deeper touch, our therapist will proceed to a 1-hour Thai massage which will release all remaining stress and fatigue from your muscles and joints.

Exactly at that point when you will be fully relaxed and free of pain, a few yoga poses will unblock and heal key points of your body. A combination of the unique energy of this particular spot will enable you to fully connect with your inner self once again.

To complete this blissful experience, our Chef will prepare a special detoxifying meal for you to enjoy under the sky of Santorini.

Royal Experience

285min - 500€ per person

An invitation to a day that will delight you from the soles of your feet to the tingling top of your scalp.

Start off with a tailor made yoga session which will help you relax and achieve deep focus. Afterwards rehydrate with a fresh fruit juice and continue with personalized massage focusing on the stress points of your body.

This gorgeously indulgent massage will be followed by a quick snack to allow your body to regain vital elements. Then the Intense Hydration Ritual by Valmont may begin. Finish off the session with a special treatment designed to pamper your feet and hands or by having your hair cut and groomed to accompany your rejuvenated body!

Yoga Session | Fresh fruit juice (rehydration) | Personalized Massage 60' | Snack | Intense Hydration Ritual by Valmont | Manicure | Pedicure or Hair styling



HAIR & NAILS

Hair Pampering

Men haircut and styling
35€

Women haircut and styling
70€

Blow-dry
40€

Styling with iron
60€

Chignon
80€

Wedding styling
300€

Nail Pampering

Manicure
30min - 25€

Spa Manicure
50min - 40€

A selection of luxurious manicure styles & colors using peeling and masque with essential oils for smooth skin

Pedicure
40min - 40€

Spa Pedicure
60min - 55€

Caring treatment for a chic appearance of your feet. Exfoliation and masque with natural extracts and essential oils for deep hydration.

RETAIL

Valmont

Did you enjoy one of our Facial Treatments? We proudly perform all our treatments using the premium Swiss brand Valmont. All products used in our therapies, as well as a wide range of Valmont products, are for sale at our Spa.

Thalgo

The top quality French brand is used in all body rituals at the Kallos Spa. If you indulged in one of our rituals and would like to take part of this experience home, you can purchase all Thalgo products at our Spa.

L'Oréal

Our experience with hair salons goes back to the 80s and so does our collaboration with this premium brand of hair products a great variety of which can be found in the Kallos Spa. Our experienced personnel will assist you in selecting the right product for your hair type.



Spa Etiquette

Spa prepping is an important part of your experience.

This will relax your mind and prepare your body to receive the therapeutic benefits of your ritual.

We recommend that you arrive at least 30 minutes prior to your scheduled appointment time in order that you may relax and enjoy our luxurious facility which offers a steam bath, Cave pool, infinity pool and waterfalls.

A quick shower just before your treatment ritual is recommended.

This will ensure your skin is fresh and clean ready to absorb the nourishing ingredients of the products that will be applied to your skin during your treatment.

Feel free to use our facilities to shower.

A person wearing a white spa robe stands in a spa lounge. The lounge has a wooden floor and a thatched roof. In the background, there is a large window overlooking a scenic view of a lake and mountains under a clear blue sky. The person is holding a white towel. The text is overlaid on a semi-transparent white box.

Unless the ritual description requires special clothing, it is customary to arrive as you are. We will supply you with towels for your use while in the wet areas, as well as a robe for you to wear while resting in our Spa lounge.

During your treatment ritual, an undergarment will be given to you for use.

Although you have filled out our health questionnaire, prior to beginning your treatment, feel free to discuss with your therapist any areas you would like her to focus on, or to be avoided. We invite you to let the therapist know if you feel any discomfort during your treatment ritual.

Communication is the key to ensuring your spa experience is unforgettable.

Keep in mind bodywork and massage is similar to the effects of exercise in that toxins are freed from the lymphatic system and lactic acid is released from the muscles which may cause some soreness for a day or two after your visit.

Close your eyes...breath deep... free yourself.

Indulge your Body, relax your Mind, ignite your Spirit.

SPA POLICY

The following information is provided for you in order to ensure the perfect Spa experience.

Mobile Phones To respect the natural and peaceful environment, the use of cellular phones and other communication devices are prohibited within spa premises.

Should you need to have them with you, we kindly ask that you make sure your cellular devices are switched off prior to entering the locker rooms and treatment areas.

Noise Levels

Noise levels should be kept to a minimum at all times, especially when passing the treatment rooms.

The Spa is a non-smoking environment. We thank you for your cooperation and understanding.

We request that all valuables remain stored in your suite whilst you are at the Spa. The Spa will not be responsible for lost, stolen or misplaced items. All Spa treatments and facility prices are subject to change without notice. Our Spa guest service agents will assist you with any inquiries you may have at the time of your reservation.

RESERVATIONS

We encourage our guests to schedule their appointments in advance to ensure that the preferred treatment and time or therapist is available. Same day bookings and walk-in appointments are always welcome, based on our availability. To schedule your appointment(s), please contact us directly at ext. 300 from your room or contact our front desk.

CANCELLATION POLICY

We value your business and appreciate your attention now to our cancellation policy. Please respect our therapists and our other guests by keeping your appointments.

Because your appointments are guaranteed reservations we kindly request that you advise us a minimum of 6 hours prior to your appointment for cancellation or rescheduling requests.

Please keep in mind that arriving late for your appointment may require us to shorten the length of the treatment, so as not to inconvenience other guests, with full charges applied. We regret that late arrivals will not receive extension of scheduled appointments.

